

Netball Europe Physiotherapy Guidelines

1. International Qualifications

Physiotherapists who are identified to be part of the named support staff on the team bench must be:

- a) Qualified to diagnose and treat injuries and/or illness.
- b) Chartered registered physiotherapist. International qualifications are different.
- c) Wearing appropriate identification

The INF Competition Regulations state that all physiotherapists must present evidence of their qualifications. The following are guidelines of the expectations of qualifications required in a range of countries:

- Australia: International Federation of Sports Physical Therapy
- Denmark: International Federation of Sports Physical Therapy
- Ireland: ICSP Physio Level 3 accreditation in Sports Physio
- New Zealand: Must specialise in musculoskeletal category
- Sweden: Sports physio specialisation
- UK: ACPSEM Levels
- United States APTA Sports Certified Specialist (will be described as athletic trainers)

2. Hydration

Water: Athletes require 3-4 litres per individual per day

3. INF Match Protocols

Rule 9.3.1 Injury/Illness or Blood in the current INF Rules Book is relevant for primary care person/s:

- (i) The umpires hold time for blood when noticed or for injury/illness when requested by an on-court player (in extreme circumstances the umpires may hold time without a request being made).
- (ii) The player concerned must leave the court within 30 seconds and receive any treatment off the court. The timekeepers advise the umpires when 10 seconds remain.
- (iii) Only **primary care person/s** are permitted on the court to assess the player's medical condition and to assist the player from the court.
- (iv) In the event that the **primary care person/s** advise the umpires that the player concerned cannot be removed safely within 30 seconds, the umpires will extend the time for the player to leave the court.
- (v) The umpires may authorise other persons (including team officials) to assist the player to leave the court if needed.
- (vi) Any blood on the ball or the court must be cleaned before play restarts and any blood-stained clothing replaced.
- (vii) During the stoppage both teams may make substitutions and/or team changes, provided these are completed within the time allowed for the stoppage by the umpires.